



Greenfield Gazette

March/April 2019

President's Note— A Letter to My Community

I want to share a story of a friend of mine – a Greenfield resident who we lost to cancer in February. Amy Rempel Alain was an extraordinary mother, partner and friend. A spitfire of energy, an ultra marathoner, a woman who lived her values, who found immense joy in being outdoors. And, for the last ten months, a lung cancer fighter. Despite her diagnosis, despite her fear, her pain and discomfort, nothing could stop Amy from finding meaning in her life's story.

While undergoing chemo, she started “58 Lunges for Lung Cancer”, representing the 58 Canadians who die every day from lung cancer. She appeared on news shows with bravery and poise to fight the stigma that only smokers can get lung cancers (“If you have lungs, you can get lung cancer”). She ran and biked to her treatments to be active and outdoors and not labelled as a patient. From her hospital bed, she reached out to fellow cancer warriors, survivors, families to share stories, to give encouragement, to comfort and connect. She found passion and purpose in the ultimate test of making every day count.

So – my challenge to you fellow Greenfield residents, is to not wait until the clock is ticking to find what your passion is. Reach out – connect - put your mark on the world. Volunteer, lead, and dream a little bigger. Find out, deep in your marrow, what your story is about. And then live it to the fullest.

And while you're at it – do a couple of lunges in honour of Amy and the 57 other friends, neighbours and loved ones we will lose today to lung cancer.

As always, I can be reached at president@greenfieldcommunityleague.com – please don't hesitate to reach out with questions or ideas.

- *Amanda*

Neighbourhood Watch Program

As you may have heard, we have had a local resident Kenny Wurtak step up to become our Neighbourhood Watch Coordinator. Ken is acting as our community's liaison with the Edmonton Neighbourhood Watch program (www.enwatch.ca), and will be spearheading a community effort to **identify, report, and reduce crime in Greenfield.**

A *Greenfield Neighborhood Watch* FaceBook group has been created for those that use the platform, and can be found by searching the group name above or using this URL <https://www.facebook.com/groups/275933993089212/>

ENWatch relies heavily on volunteer (resident) participation, so you may encounter us canvassing for signatures, hosting events, and encouraging us to report suspicious activity. **The last part is key: if we want the police to help out, we need to let them know what is going in Greenfield!**

DIAL (780) 423-4567 or #377 if:

- You see suspicious persons or activities
- Your vehicle was broken into and items were stolen
- Your bike or personal property was stolen
- A non-violent crime has already been committed
- Your property or valuables were vandalized

2019 Tennis Registration Now Open

Online registration is up for 2019 Greenfield Group Tennis **Classes (kids/adults) and Camps (kids)**

Please see links below:

All registration links: <http://dropshot.ca/greenfield/classes/>

Classes-only (adults): http://dropshot.ca/greenfield/classes/adult_classes/

Classes-only (kids): http://dropshot.ca/greenfield/classes/junior_classes/

Camps-only: <http://dropshot.ca/greenfield/classes/camps/>

For those who prefer private lessons: http://dropshot.ca/private_lessons/

Greenfield Community Spirit Memorial Award

We would like to extend a warm congratulations to the winners of the 2018 Community Spirit Memorial Award!

This year's recipients are **Grace Dong** and **Jonah Edmundson**, who have been awarded \$1000 each.

The application will open for the 2019/2020 application year in the Fall of 2019.

Please email any questions about the Award program to awards@greenfieldcommunityleague.com.



Early Community League Events In Greenfield

In the late 1960's and the 1970's Greenfield was filled with young families and therefore many children who needed organized sports and activities.

One activity was skating lessons. Every child growing up on the prairies learned to skate; it was a rite of passage. The children learned to be future hockey players, figure skaters or to just enjoy the sheer pleasure of gliding on a frozen pond on a sunny winter day.

In order to learn to skate there had to be somebody making and maintaining the ice. There were probably many residents who did this over the years, but the one I knew and remember was our neighbor Mike Medwid. At that time there were three rinks and the large one was where the tennis courts are today.

Mike always used hot water to make the ice as he said it stuck to the old ice better than cold water and gave a smoother surface.

Besides making ice and shovelling snow off the rinks, he also supervised the skate shack. Every skater had to have a skate tag woven into their skate laces. These were issued by the community league when you bought a membership. Mike made sure all the children had a tag; but one night he found two boys without tags and he asked the first boy why he didn't have a tag, and the boy replied that his dad had lost his job and they couldn't afford a membership. So Mike said that he could help him with some of the shovelling and then he could go back to skating. The other boy told Mike his dad was a lawyer; there was no shovelling for him. Mike made sure the kids behaved and that they were safe.

In those days people were skating in the early morning and late at night. The rinks were always full with hockey practises and kids skating with their friends.

In the summer we had the Pedal Pusher program when bike safety and the rules of the road were taught. This activity took place in the lane south of Greenfield School as there was no parking lot at the community hall in those days. Another place they practised was at the parking lot between the two high schools.

When we arrived in Greenfield in 1970 the first community building and playground were in place. In the playground there were four large balls attached by chains to a wooden frame. They were in a circular configuration rather than linear like most swings. Unfortunately the large balls broke and were replaced

by swing seats fashioned out of auto tires. They weren't much good for swinging so the children climbed the chains to get to the wooden beams. There was also a metal climbing apparatus in the shape of a large triangle. It was quite easy to climb using hands and feet so the challenge was to climb it 'no hands' which resulted in some nasty falls. There was also a wooden pirate ship which had two levels and a ladder leading to the lower level. The wading pool was close to the hall and a concrete sidewalk encircled the playground.

A co-op playschool was established in the late 1960's at the community hall for four and five year olds. At that time there was no kindergarten program in the schools. The morning classes were taught by Mrs. Clarke and the afternoon classes by Mrs. Spence, and there was always a parent present to assist the teacher. One of my son's memories of playschool was having to learn his phone number and then without assistance having to phone home.

Sports teams including hockey, soccer, baseball, volleyball, and ringette were all enjoyed by the children and parent volunteers. Tennis was available for all ages after 1978 when the courts were built by the same company that built the courts for the Commonwealth Games.

Another activity was the cubs and scouts clubs. Nick Malychuk has kindly provided information about the 59th Scout Group. They received their charter in the fall of 1971 but were meeting before that date on Friday evenings in St. Stanislaus' gym. Bob Hendrigen was the scout master at that time.

The boys took part in many activities besides the ones required by the scout manual. Some of them were bottle drives, skating parties, summer camp, father son banquets, bike rallies, educational tours, and in 1973 there was a boy scouts rally in the Northwest Territories.

The cubs met in Greenfield School with many parents providing leadership.

The Girl Guides and Brownies also met in Greenfield School but we haven't been able to find any information on their activities or leaders.

The seniors' program of lunches, speakers, bridge, and line dancing were described in the Jan./Feb. 2017 edition of the Gazette.

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The annual winter carnival was held in February. The big attraction was the horse drawn sleigh rides around Greenfield Park. Those horses were huge!

A craft sale was held yearly with articles made by the members. It was first held in the original community building but was later moved to Greenfield School where there was more room. One year it was held at Southgate Mall and we won first prize for the best decorated booth. Money was being raised to build tennis courts as the city had given us a matching grant. A casino was also held and was another means of raising money.

I remember the crafters had a workshop at my house and Irma Dekker was making bell pulls, Elizabeth Marsland was making finger puppets, and Elizabeth still has a stuffed elf that guards their Christmas gifts made by Carol Bablitz.

Although it wasn't a community organised activity, we can't leave these memories without recalling the pinball and video games at Q-Mart. As many of you will remember, there was a back entrance to the mall close to the back lane. The kids would ride their bikes and park them outside this entrance in order to enter the mall close to Q-Mart. It was here that they could play games and buy candy. Football was the most popular game as you could win the most free games by playing it.

Summer day camps were an activity organized by the city for the children. Our neighborhood day camp was held at Rainbow Valley on the east side of Whitemud Creek. It was held Monday to Friday and Thursday night the parents came for a program and to help the kids set up their tents for a sleep-over.

The site was large and it had a huge firepit. There were probably about fifty children in each camp. The game 'capture the flag' was the one most remembered. There were two opposing teams with rules now mostly forgotten but it kept everyone running and making a lot of noise.

A feature of this site was 'devil's leap'; it was a steep clay cliff that went down to the creek. It was forbidden territory for the day campers; but what a temptation! After a rain it was fun to slide down it standing up and hunched over. Because the area surrounding the camp was deep bush the camp leaders had to use whistles to get everybody assembled and counted. This happened fairly often to make sure nobody was lost. If you misbehaved at the camp your punishment was cleaning the latrines.

My sons rode their bikes to camp. One day Shawn hit a hole in the path and flew over the handlebars into the grass. The leader washed his grazed arms, made sure he was okay, and then sent him to join the group. No frantic phone calls home and none expected as it wasn't considered anything out of the ordinary.

Greenfield Community League was a very busy place in the early years. There were probably more activities than we have written about in this article, but these are the ones that many of us remember and enjoyed.

Written by Gwen Muldrew

with thanks for information from Nick Malychuk, Irma Dekker, Ken, Shawn and Sandy Muldrew.

PETROLIA SENIORS GROUP

(55+)

Invites YOU to come to ENJOY LUNCH and a PROGRAM (\$18)

Every Third Tuesday (except July and August)

11:45 a.m. (sharp) to 2:00 p.m. at Greenfield Community Hall 3803 – 114th Street NW

- April 16th – Butterflies, Blooms and Backyard Birds
Don Delany – Nature Photographer
- May 21st - The First Tiny Houses on the Prairies:
John Robinson, Owner and Designer at Robinson Residential Design (Regina SK)

To CONFIRM your attendance or for more information

Call: Nick - 780-435-1045 or Betty - 780-434-0712

An additional "outing" is offered each month for your enjoyment

For information call Joyce – 780-435-6388

We look forward to your participation.

Next-door Neighbour Ads

◆ Professional Private Tutoring;

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3489 or check out www.mauranui.com.

◆ Experienced, reliable child care provider

20+ years of experience; available for full-time/Part time/Babies or after school kids. Clean, Caring & Loving atmosphere. Great references and reasonable rates.

Call Ann (780) 437-5605

Greenfield's Post-Paddy's Day PUB NIGHT



Saturday March 23rd, 2019

Greenfield Community Hall, 3803 – 114 St. NW

ST. PATRICK DOESN'T CARE THAT WE'RE A WEEK LATE

...so why should you?

JOIN US FOR A FUN, IRISH-THEMED SOCIAL EVENING

Tickets: \$20 per person, see web for Eventbrite link. Note that tickets are almost sold out, so admission at door can not be guaranteed!

Hall Programming and Events

Fun for Wee Ones

A popular Greenfield Community League program for children 0-5 years old and the people who care for them. Open to all city residents. Features include:

- free play
- lots of toys
- crafts
- parachute games
- circle time
- stories and songs

Children develop gross motor and fine motor skills as well as interpersonal and communication skills with other children and adults.

Wednesdays: 9am-11am

Winter session: January 16, 2019 - April 10, 2019 (No class on March 27, 2019)

\$100 for Community League Members
\$125 for non-members
Half Price for Second Child

Classes begin in September and end in June with a Fall, Winter and Spring session. For more information or to register please contact Stacy Walker via email at funforweeones@gmail.com.

Rhythm, Rhyme & Story Time

A musical adventure for you and your preschooler (9 months-5 years).

Thursdays: 9:30am - 11:00am

Winter session: (10 weeks) January 10 - March 21 (No Feb 28)
Spring Session - TBA

\$115 per child for one day a week program. For more info and to register please visit: www.edmonton-preschool-music.com

Inner Song Music

Learn to sing , harmonize and play guitar.

Beginners ages 7 - 13yrs.

Class limit 6 students.

Two Classes will be held

on **Wednesdays** in the meeting room from 4:00pm - 4:45pm and 4:45pm - 5:30pm.

Winter session: (11 classes) January 9 - March 20/2019

Spring session: (12 classes) April 3 - June 19 /2019

To register please contact Wendy Gregson

Email: wendygregson@shaw.ca
[facebook.com/innersongmusic](https://www.facebook.com/innersongmusic)

The Roving ChessNuts

Teaches chess and organizes chess competitions and events.

All classes will be held in the Meeting Room and Wednesday nights in the Hall.

Mondays

6:30pm – 7:30pm (Beginner)

Winter session: January 7 - March 18/2019 (No Feb 18 or March 25)

Spring session: April 1 - June 17/2019 (No April 22, or May 20)

Tuesdays

6:30pm - 7:30pm (Beginner)

Winter session: January 15 - March 19/2019 (No Jan 8, Feb 12, March 12 or March26)

Spring session: April 2 - June 18/ 2019 (No April 9, May 14 or June 11)

Wednesdays

6:30pm - 8:00pm (Intermediate)

Winter session: January 9 - March 20/2019 (No March 27)

Spring session: April 3 - June 19/2019

Friday Night Bonanza: 6:30pm - 9:00pm

January 11 & 25

February 15 & 22

March 15 & 22

April 5 & 19 & 26

Sunday Tournaments: 12:00pm - 4:00pm

January 20

February 10

March 17

April 7 & 28

May 12

June 2 & 23

Instructor: Bruce Thomas

Contact: (780)474-2318

Email: rovingchessnuts@shaw.ca; We

bbsite: www.rovingchessnuts.com

Greenfield 59th Scout Troop

Kids in Scouts have fun adventures, discovering new things and experiences they wouldn't discover elsewhere.

Along the way, kids develop into capable, confident and well-rounded individuals, better prepared for success in the world.

Scouts is the start of something great. Programs for ages 5 to 26 - See [here](#) for more details. For more information, please contact Stephen by [email](#) or phone 780-434-6159.

Website: www.scouts.ca



Better Body Bootcamps

Instructor: Jane Gannon
Tuesdays - 7:15pm-8:15pm

Winter Session: January 8 - March 19/2019

Phone: 780-920-9137
Email: betterbodybootcamps.webs.com

Tai Chi and Inner Health Arts

Tai Chi is a gentle form of exercise appropriate for all ages. It promotes benefits such as increased flexibility, strength, balance, and improves concentration. Tai Chi balances the health of mind, body and spirit. The focus of the arts we practice is on maximizing the amazing health benefits, while building a dedicated community of practitioners. Paul Bromley is a registered Occupational Therapist and has over 20 years experience.

Classes run:
Winter: January 7 - March 28/ 2019
Spring : TBA

Tai Chi Foundations:
Mondays 6:45-7:45 pm

Tai Chi Foundations:
Thursday: 6:30pm - 7:30pm

Swimming Dragon:
Thursday: 7:30pm - 8:30pm

All classes except the Swimming

Dragon class are drop in friendly. For new students the first class is free!
For information on classes and pricing please check

www.innerhealthtaichi.com

Email: pauldbromley@gmail.com

Phone: (780)240-5803

Nicole Wood Yoga

Wednesday: Winter Session:

8:30pm - 9:30pm

January 16 - March 20/2019 (10 weeks)

Wednesday evening yoga is a gentle flow yoga class, suitable for all levels of practitioner.

In this class, we will work with the physical body, doing postures to open, strengthen, and balance the body, then will connect this movement with the breath. The posture sequence will differ slightly each week, but each sequence will leave you feeling balanced, strong, and calm.

To register or if you have any questions, please email nicewood@gmail.com

B Fit 4 Life Yoga

Wednesday: Winter / Spring Sessions: 1:00pm - 2:00pm
January 9 - February 27/2019 (8 weeks)
March 13 - April 24 /2019 (6

weeks) ***No March 6 or March 27**

May 8 - June 9 /2019 (7 weeks)

Joyful, Blissful, and Fearless. Your True Genuine Nature!

Re-connect to your true nature with Hatha Yoga. Hatha Yoga focuses on the physical, energetic, and mental layers of the body. Using postures (asanas), breathing techniques (pranayama), and meditation (dhyana) to bring the body and mind into dynamic alignment. Resulting in a sound healthy body, and a clear peaceful mind.

Register at this link: <https://goo.gl/forms/HtZhOVWZYMW1MArz1>

If you have any questions, please contact Beverly at BFit4LifeYoga@outlook.com or 780-938-0781

Essentrics Fitness Classes (eOne Fitness)

Improve your mobility, strength, flexibility and range of motion with this full body movement based workout. Different class level offerings.

Winter - Spring Session: January 7 -June 17/2019

Monday: Essentrics for Seniors, 1:00-1:45 pm

Monday: Essentrics RR&R, 2:00-3:00 pm (January ONLY)

To register contact Lori Griffith at (780) 916-4483 or visit www.eonefitness.ca

Hall Rentals

Want to rent the community hall for your next function?

For info contact Wendy at

hallmanager@greenfieldcommunityleague.com

or call: 780-200-1198



3803 - 114 Street
Edmonton, Alberta

Why Buy a Community League Membership?

For one, you get a lot of benefits and perks, such as:

- Free indoor swimming during community swim times
- Reduced rates to rent Greenfield Community Hall
- Skate tags for access to Greenfield's outdoor rinks`
- Free access to the Greenfield Tennis Courts during designated GCL members' court time from May through August
- Discounts to various city events and recreational facilities

But the modest annual fee also helps support our work as a league. Our current board Secretary, Jenny Hong Meliefste, shared the following facts on Facebook the other week, and they're too good to keep only online, so I'll paraphrase some key points here:

Our league is responsible for a number of assets

including: the hall, the tennis courts, the ice rink, and the old hall that now serves as the ice shack / tennis storage shed. We also have a community playground and water spray park.

Although we aren't responsible for the upkeep of the playground and water spray park (thankfully), **we are** responsible for paying the water bills and the portapotty rental by the spray park.

In terms of programming and major events, we offer tennis club and programs, kids soccer program, an outdoor rink, and of course a number of beloved community events including, but not limited to: Community League Day BBQ, Christmas Arts and Craft Show, Family Movie Nights, Boardgame Nights, Kids Activities Days and the always very, very well attended NYE Fireworks!

So how do we pay for everything? You might be surprised to know that only 6% of our funding comes from the City of Edmonton. That's it! Another 15% comes from hall rentals. Another 33% comes from soccer and tennis program fees which in turn enables the programs to be run in a self-sustaining manner.

That means nearly 50% of our league's annual ~\$200,000 budget comes from fundraising –

essentially the generous amounts of time and sweat equity that passionate community members put into working casinos, organizing and running various fundraising events, and completing one-off grant applications.

Our current league membership numbers are on the lower side (i.e., only contributing to 5% of our total revenue). To be honest, it can feel a bit disheartening at times. Perhaps in the future, our league will try to implement door to door canvassing.

But until then, I just want to gently nudge Greenfielders towards getting a membership. If you and your family have ever played shinny on the ice rink, cooled off in the spray park (and used the portapotty, haha), come to a hall event, and enjoyed the NYE fireworks, please consider contributing to your community league in this essential way. Imagine what Greenfield would be like without our treasured community hub.

At the very least, I know we should be able to raise enough membership revenue in 2019 to easily surpass what the City is providing! #ChallengeAccepted?