



Greenfield Gazette

January/February 2019

Annual General Meeting

Thursday, January 31 from 7:00pm - 9:00pm

Please come join the meeting for wine and cheese, to meet your neighbors and to delve into some community issues.

President's Note

Happy New Years Greenfield!

What an amazing New Years Eve we had. Thanks to everyone who made the time and joined us for the unveiling of our **50th anniversary mural** – I hope you were all as awed and inspired as I am. We hope to be mounting our mural in the spring on the wall facing the playground so that all our community artists can enjoy their contribution to our community for many years to come. I have to give a huge thank you to Matt, Ashley and the whole No Frills family who sponsored our New Years Eve party and all their support in planning and making it happy. We are so lucky to have you in our community!

Despite the end of the holiday season, there are still lots of fun things happening around our community this winter including Shinny Hockey on Saturday mornings at 10am at the Greenfield rink. Come on out and skate with us and remember that all players under 18 require a helmet and a waiver. Outdoor soccer registration runs from January 15 – February 28th, more information can be found on the Community webpage. And stay tuned and join us for a glass at our **Saint Patrick's Day Event in March**.

As many of you are aware, Greenfield has recently experienced a spike in random thefts and suspicious

activities. In response to these events, the Community League Board has added a **Neighbourhood Watch** position who will be leading our community's engagement on keeping our neighbourhood safe and welcoming. We are thrilled to have Kenny Wurtak on board and to encourage everyone who has questions or concerns to join us as at our January 31st AGM at the Community Hall. Our community becomes safer when we come together, when we get to know our neighbours and continue to take pride in and to participate in our community. So, despite the cold weather, despite the end of the holidays, I encourage you all to get out, come skating, walk to Petrolia, meet your neighbours and continue to share the warmth of community.

As always, don't forget to **purchase your Community League Membership for 2018/19**. Your membership gives you a vote at our AGM and other great benefits. Memberships are \$30 for individuals, \$15 for seniors, \$25 for senior couples and \$50 for families. Memberships can be purchased online or at our AGM on the 31st.

I can be reached at president@greenfieldcommunityleague.com and look forward to seeing everyone at the AGM!

- Amanda

2019 Outdoor Soccer

The outdoor soccer season will begin in May and on-time registration will take place during the month of February. Greenfield has a history of a full and successful soccer program. To register any child U5 - U19 (birth years 2015 - 2001) begin by registering online at www.emsasoccerportal.com. Fees can be paid online or in person, however, supporting documents are still required to be provided in person prior to the registration deadline, to be considered completed on time - and avoid the additional cost.

For further detailed information regarding the soccer program please see the Greenfield community website (www.greenfieldcommunityleague.com). On this page you can find info regarding:

- documents required and registrations steps
- payment session locations and dates
- volunteering opportunities and volunteering requirements
- year of birth, days of play, and fees
- funding supports
- common questions

Southgate District (includes communities Duggan, Royal Gardens, Aspen Gardens, Greenfield, and Empire Park) Payment Sessions will be held February 9, 2019 at Duggan Community Hall 10 am to 2 pm and February 23, 2019 at Greenfield Community Hall 10 am to 2 pm.

I am looking forward to the soccer season!

Tara Wren

SWEMSA Community Coordinator
for Aspen Gardens, Greenfield, & Royal Gardens
soccerinfo@greenfieldcommunityleague.com
780-504-9970

Hall Programming and Events

Fun for Wee Ones

A popular Greenfield Community League program for children 0-5 years old and the people who care for them. Open to all city residents.



free play * lots of toys * crafts *parachute games * circle time * stories and songs

Children develop gross motor and fine motor skills as well as interpersonal and communication skills with other children and adults.

Wednesdays: 9am-11am

Fall session: (12 weeks) September 12 - December 5/2018 (No November 14)

\$100 for Community League Members

\$125 for non-members

Half Price for Second Child

Classes begin in September and end in June with a Fall, Winter and Spring session. For more information or to register please contact Stacy Walker via email at funforweeones@gmail.com.

Rhythm, Rhyme & Story Time

A musical adventure for you and your preschooler (9 months-5 years).

Mondays: 9:30am - 11:00am and/or

Thursdays: 9:30am - 11:00am

Fall session: (10 weeks) September 17 - November 26 (No October 8)

\$115 per child for one day a week program

For more info and to register please visit: www.edmonton-preschool-music.com

Inner Song Music

Learn to sing , harmonize and play guitar.

Beginners ages 7 - 13yrs.

Class limit 6 students.

Classes will be held on **Wednesdays** in the meeting room from 3:45pm - 4:30pm

Fall session: (14 classes) September 13 - December 19/2018

Winter session: (11 classes) January 9 - March 20/2019

Spring session: (12 classes) April 3 - June 19 /2019

To register please contact Wendy Gregson

Email: wendygregson@shaw.ca

[facebook.com/innersongmusic](https://www.facebook.com/innersongmusic)

The Roving ChessNuts

Teaches chess and organizes chess competitions and events. All classes will be held in the Meeting Room and Wednesday nights in the Hall.

Mondays

6:30pm – 7:30pm (Beginner)

Fall session: September 10 - December 17

(No October 8)

Tuesdays

6:30pm - 7:30pm (Beginner)

Fall session: September 16 - December 18

(No September 9, October 9, November 13)

Wednesdays

6:30pm - 7:45pm (Intermediate)

Fall session: September 12 - December 19 (No October 31)

Instructor: Bruce Thomas

(780)474-2318

Email: rovingchessnuts@shaw.ca

Website: www.rovingchessnuts.com



Rhythmic Gymnastics



Held Mondays from 4:30pm - 6:30pm.
September 24/18 - April 15/19

To register please call (780) 460-8709

Email: info@edmontonrhythmics.com

Website: www.edmontonrhythmics.com

Better Body Bootcamps

Instructor: Jane Gannon

Tuesdays - 7:15pm-8:15pm

Fall Session: September 18 -

December 11/2018

Winter Session: TBA

Phone: 780-920-9137

betterbodybootcamps.webs.com



Tai Chi and Inner Health Arts

Tai Chi and Chinese Internal Arts are gentle forms of exercise appropriate for all ages. They promote benefits such as increased flexibility, strength, balance, and concentration. They balance the health of mind, body and spirit. The focus of the arts we practice is on maximizing the amazing health benefits, while building a dedicated community of practitioners. Paul Bromley is a registered Occupational Therapist and has over 20 years experience.

Fall Session: September 17 - December 20

All classes except the Swimming Dragon class are drop in friendly. For new students the first class is free!

For information on classes and pricing please check www.innerhealthtaichi.com

- Tai Chi Foundations Mondays 6:45-7:45 pm
- Forms class Mondays 7:45-8:45 pm
- Qi Gong Thursdays 6:30-7:30 pm T
- Swimming Dragon Thursdays 7:30-8:30 pm

Essentrics Fitness Classes (eOne Fitness)

Regain you mobility while slowly rebuilding strength and reawakening the power of your 650+ muscles. This is a slower paced class that combines standing and chair exercises. It is ideal for active agers who are looking for a gentle, slow tempo class that focuses on improving range of motion, balance and strength.

Mondays: Fall Session: September 10 - December 17, 2018

Essentrics for Seniors: 1:00pm - 1:45pm

Essentrics RR&R: 2:00pm - 3:00pm

To register please contact Lori Griffith at (780) 916-4483 or visit www.eonefitness.ca

Nicole Wood Yoga

Wednesday: Fall Session: 8:30pm - 9:30pm

September 12 - December 5 (12 weeks)

Wednesday evening yoga is a gentle flow yoga class, suitable for all levels of practitioner.

In this class, we will work with the physical body, doing postures to open, strengthen, and balance the body, then will connect this movement with the breath. The posture sequence will differ slightly each week, but each sequence will leave you feeling balanced, strong, and calm.

\

To register or if you have any questions, please email nicwood@gmail.com

B Fit 4 Life Yoga

Wednesday: Fall Session: 1:00pm - 2:00pm

September 19 - December 19 (12 weeks)

Joyful, Blissful, and Fearless. Your True Genuine Nature!

Re-connect to your true nature with Hatha Yoga. Hatha Yoga focuses on the physical, energetic, and mental layers of the body. Using postures (asanas), breathing techniques (pranayama), and meditation (dhyana) to bring the body and mind into dynamic alignment. Resulting in a sound healthy body, and a clear peaceful mind.

Register at this link: <https://goo.gl/forms/HtZhOVWZYMW1MArz1>

If you have any questions, please contact Beverly at BFit4LifeYoga@outlook.com or 780-938-0781

PETROLIA SENIORS GROUP (55+)

invites YOU to come to ENJOY LUNCH and a PROGRAM (\$15 except December) Every Third Tuesday (except July and August) from 11:45 a.m. (sharp) to 2:00p.m. at the Greenfield Community Hall 3803 – 114th Street

- **November 20th:** John Chalmers, Historian for Canada's Aviation Hall of Fame
"A Centennial Tribute to the First World War"
– Stories of Canadian Combat Pilots
- **December 11th:** Hula Honeys will bring Hawaii to Us! Also Christmas Carol Singing

- **January 15th, 2019:** Bob Layton –Newscaster and 630 CHED Radio Personality
Hear Bob tell Hilarious Stories from his Radio Experiences- (seating is limited)

To CONFIRM your attendance or for more information, Call: Nick 780-435- 1045 or Betty 780-434- 0711

An additional “outing” is offered each month for your enjoyment. For information call Joyce – 780-435- 6388

We look forward to your participation.

HOME-STYLE
VEGETARIAN
RESTAURANT

CORPORATE
& PRIVATE
CATERING



SOUPS BAGELS DESSERTS SM ENTREES TEA COFFEE SOUPS BAGELS GELATO ENTREES TEA COFFEE DESSERT SMOOTHIES SOUP GELATO ENTREES

QUICK SERVE - EAT-IN - TAKE-OUT - CATERING



KITCHEN MANAGED BY RED SEAL CHEF

Petrolia Mall, 11409 40 Avenue Edmonton
587 499 8793
www.goodstockrestaurant.com

SSUC Edmonton

Annual Christmas Cookie Walk
Saturday Dec. 1 - 10 am-12 Noon
10740-19 Ave

Let us help with your Christmas baking!
Choose from hundreds of homemade
cookies!

\$15 to fill the cookie box!

Enjoy music, wassail and community and
a little surprise shopping!

Hall Rentals

Want to rent the community hall for your next function?
For info contact Wendy at
hallmanager@greenfieldcommunityleague.com
or call: 780-200-1198



Greenfield
Community League

3803 - 114 Street
Edmonton, Alberta

Next-door Neighbour Ads

◆ Professional Private Tutoring; Guaranteed Results!

In your home or public library. Elementary, junior high and high school. FREE consultation session!
Call/ Text (587) 588-9160 or visit
www.thetutorhour.com

◆ Childcare, Cooking, House Sitting & Elderly Care

Offered in your home.
Mornings, Afternoons, & Evenings,
Flexible times offered.
Call Mary @ (587) 778-6848

◆ Electrician For Hire

Art de Leon
Master Electrician & handyman
Residential * Commercial
Electrical Repairs Renovations
Handyman Services
Hourly Rates no job too small!
Cell. (780) 932-3858
email: ajdeleon63@gmail.com

◆ Local Woodworking Craftsman

I build a wide range of Furniture/Cabinets to Last! For inside or outside.
Call Vance @ (780) 436-9008,
pwrsl@telus.net

◆ Private Piano Lessons in the convenience of your own home.

Evening, afternoon and daytime lessons available.
Contact Richard van Oosterom @ (780) 292 3489 or check out www.mauranumusic.com.

◆ Experienced, reliable child care provider

20+ years of experience; available for full-time/ Part time/Babies or after school kids. Clean, Caring & Loving atmosphere. Great references and reasonable rates.
Call Ann (780) 437-5605.