

The Greenfield Gazette

November/December Issue

A Glimmer

A Stranger's Small Gesture Makes a Big Impact

A Story from Our Community League President



her up because one night a few weeks ago, we couldn't find Lambie.

A house to car and back again search led us to realize that she had definitely GONE to drama class, but she did not come home. So there I was, outside the Citadel theatre at nine o'clock the next morning, desperately waiting to be able to search the classrooms in the hopes of finding her, when I happened to glance down the street. There was Lambie. Safely propped in the branches of a tree lining the street, off the cobblestones, out of the frost, and easy to be seen by a searching parent. That is not where we left Lambie. My daughter must have dropped her on the street getting into the car.

A stranger had seen her, noticed her, and taken the time to move her to safety hoping that someone would come back for her. We won the lottery with that stranger. That tiny act, saving a well-loved stuffed animal and placing her safely out of the way to be found made my daughter's year. The action took less than ten seconds but the kindness of seeing a toy, using their empathy and imagination to consider that that toy could be valuable in all the best ways, and then deciding to act - meant everything to our family.

This is Lambie. If you have met my daughter in the last five years, there is a good chance you've met Lambie. Lambie goes everywhere. Lambie has near perfect attendance in school, she is a regular at soccer practice, drama class and piano lessons. In the last few years, Lambie has been to Europe, northern Manitoba and the West Coast. And I bring

They could have walked by. But they stopped. Took the time. I've seen these moments called "glimmers" recently - and I like that term. Not showy, or flashy, nor life changing, but moments that shimmer in the darkness. Ordinary moments made better by kindness and warmth. Choosing to act when there is no tangible reward.

We are so busy. Inflation is high, safety less certain, public issues complex and fraught with consequences that are hard to map out by experts, let alone ordinary people. We are armchair warriors limited by budget, by feeling inadequate in parsing out multi-layered issues with deep consequences, by an overwhelming array of causes that need our help. And none of these challenges are changed by glimmers, glimmers don't solve anything - but they can make ordinary days - well, better.

At the end of the day, it isn't the fireworks or the trophies that make our community amazing. It is these small moments that make our community such a wonderful place to be. As we enter the season of lights in the darkness, I wish you many glimmers - moments that connect you to your family and friends, to your neighbours and to strangers alike. Moments that shine softly in the winter air. Candles in the window.

And on the off change to the stranger who chose kindness and saved Lambie sees this - thank you from the bottom of an 11 year old's heart.

As always, I can be reached at:
president@greenfieldcommunityleague.com

Amanda



In This Issue

Upcoming Events

Christmas at Greenfield Community Church
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In the News

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BACK COVER

A Look Back:
 Community League Day

A Look Ahead:
 January Blues, Music Bingo
 New Year's Eve Fireworks



High Five's

.....
The Greenfield Community Hall had its landscaping refreshed by Niche Landscapes. Thank you so much, awesome job!

No Frills is a major asset in the Greenfield/Royal Gardens community. Additionally, I recently benefited big time from Master Electrician Art de Leon's service. I knew of him from an ad in the Greenfield Gazette.

- Baldwin Reichwein



Greenfield Christmas Craft Sale



SATURDAY DECEMBER 9
 10AM TO 4PM
 3803 114 ST NW
 EDMONTON



CHRISTMAS AT GREENFIELD COMMUNITY CHURCH

for more information on all of these events, go to our website at greenfieldchurch.ca/events/

Neighbourhood Christmas Dinner

Sat, Dec 16
@ 6:00pm

Join us at Greenfield for an **in-person** dinner this Christmas season.

Sign up on our Website!



Blue Christmas Service

Thurs, Dec 21
@ 7:00pm

Christmas isn't the most wonderful time of year for everyone. If you are grieving or suffering some sort of loss, join us for a reflective service of comfort and hope.

CHRISTMAS EVE SERVICE

Sun, Dec 24
@ 10:00am

Join us for a candlelight service at Greenfield this Christmas Eve. All are Welcome!

Programs at the Community Hall



HATHA YOGA CLASSES

with Patricia MacTavish RYT 200

TUESDAY MORNINGS 9-10 AM
September 19 - December 19/2023

Schedule time for yourself with a weekly yoga class. Large room and small class sizes allows for physical distancing. Enhanced cleaning protocols.

Students are required to bring their own yoga mats and props. Registered students only, no drop in.

To register or for more information email
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Thursday's Early Dismissal days
3:00pm - 4:00pm
September 21 - November 30/2023

Monday's
6:00PM - 8:30PM
September 11 - December 4/2023

Please contact: 780.439.8967
Instagram: mumonkan.dojo
Email: info@MMK-Karate.com

Proud to serve Edmonton Community for close to 30 years.

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Tuesdays:

6:15 to 7:15 Kendo Kids
7:15 to 8:15 Beginner and Bogu Kendo Adults
8:15 to 9:15 Bogu Kendo Adults

Wednesdays:

6:15 to 7:15 Kendo Kids
7:15 to 8:30 Beginner and Bogu Kendo Adults
8:15 to 9:15 Bogu Kendo Adults

Thursdays:

6:00pm - 8:00pm - Iaido

For more information please visit:
<https://kitakazebudo.org/>

The Kita Kaze Budo Association is a non-profit organization dedicated to the promotion of Japanese weapon arts in Edmonton, Canada.

Kendo, meaning "way of the sword" in Japanese, is a full-contact sport where practitioners put on armour and strike each other with bamboo swords.

Iaido, the art of cutting a target immediately from the draw and sheathing the katana, utilizes a dull blade while performing special choreographed sequence's called kata.

The Naginata is the Japanese polearm, A full-contact sport comprised of sparring with armour and bamboo weapons as well as kata (choreographed sequences of attack and defense)

Programs at the Community Hall



Seniors Luncheon

Buffet LUNCH and an Entertaining or Educational PROGRAM (\$25)
Greenfield Community Hall
3804 -114 Street
The 3rd Tuesday of the month
11:45 am to 2:00 pm
(Please be seated no later than 11:40 am)

People aged 55 and older are invited to attend a luncheon and educational program.

Guest speakers and educational topics.
All Seniors are very Welcome
Come Join the Fun & Make New Friends!

Upcoming luncheon dates:
November 21 | December 12
January 16 | February 20 | March 19

Please call the Friday before to confirm:
Betty Mullen (780) 434-0711 or Claire (780) 435-3051



Family Futures
Resource Network

Check out our drop-in program!

Fall Program Dates:
WEDNESDAYS
September 13 - November 15, 2023
inclusive (10 weeks)
10:00am-11:30am (1.5 hours)
Program Cost to Participants: FREE

Rhymes, Songs & Story Time drop-in program (for parents/caregivers and children 0-3 years of age)

This fun and interactive program includes stories, musical movement, rhymes and creative props.

Connect with your little one in this literacy, arts and movement program with time built in between activities to interact with other children and families.

More information on our agency and programming can be found at <https://www.familyfutures.ca/>.
Phone: 780-413-4521



Essentrics Fitness Classes (eOne Fitness)

Fall Session: September 11 - December 18/2023

Monday from 1 pm to 1:45 - Essentrics for Seniors
Monday from 2 pm to 2:45 - Essentrics RR&R (Release, Re-balance & Restore)

The 2:00pm class will start October 2 - November 27/2023 (8weeks)

Discount offered to Greenfield Residents with valid membership. Contact Lori Griffith at (780) 916-4483 for more information.

To register online go to www.eonefitness.ca.

This class is aimed at regaining your mobility while slowly building strength and reawakening the power of your 650 muscles.

Ideal for Seniors who are looking for a gentle, slow tempo class that focuses on improving mobility, balance and strength.

Level 1 - Gentle Fitness, standing and chair work. Bring your yoga mat and water to drink.

Handy Winter Safety Reminders

Sponsored by Blue Phoenix Yard Care

Winter, with its biting cold and icy conditions, can pose a considerable risk to our wellbeing. However, with some precautions in place, you can navigate through this challenging season safely while also taking care of your health and those around you.

One of the most common tasks in winter is snow shovelling. It's not just about keeping your surroundings clean; it's also a fantastic way to keep yourself active during the cold months. Just remember to maintain a good posture and take necessary breaks to avoid any strain or injury.

Walking on icy surfaces can be tricky. The best way to avoid slipping is to mimic a penguin's walk - keep your weight forward and shuffle your feet, ensuring maximum contact with the icy ground. This might feel a bit odd, but it's a proven method to maintain balance on slippery surfaces.

Winter air is often crisp and dry, which can quickly lead to dehydration. Make sure to drink plenty of fluids even if you don't feel particularly thirsty. It's essential to keep your body hydrated despite the cold weather.

Finally, winter is a season of goodwill and caring, so why not extend a helping hand to your neighbours and seniors in our community? Offering to shovel their walks not only aids them but also provides you with a fantastic workout. It's a win-win scenario.

In conclusion, winter indeed can be hazardous to your health, but with some wise steps and a little effort, we can overcome these challenges and even find joy in this frosty season.

**There is a Sandbox at the Community Hall
If it needs to be filled, call 311**



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Josh Jin



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- www.joshjin.exprealty.com

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Greenfield History, Art & Culture

Another piece of history soon to be gone.

Old Daughters of Wisdom Convent

The community of Greenfield is about to physically lose the building at 3820-114 St. It has stood on that spot for 55 years! Another piece of history soon to be gone.

The origin on the building
The religious order of nuns, Daughters of Wisdom, needed to have a residence in Edmonton as their provincial headquarters. With Imperial Real Estate Agents' help they found two lots in Petrolia. They were advised to buy three lots. The site had great advantages as it was across from St. Stanislaus School and across from the site of the future St Thomas More Church.

Advantages also were: it was walking distance to the shopping centre, the bank, the bus stop, a medical/dental clinic, and a pharmacy. Except for the bank, these things are still advantages today.

They purchased the three lots and obtained a building permit from the City Council. The site had to be re-zoned for a three family dwelling in a two family zone. At the time it was considered an exorbitant amount but all acknowledged that it was a reasonable price. I couldn't find the dollar figure.

Then they hired Bouey and Bouey Architects for design and Vetsch Brothers Construction to build it. The money to build was borrowed from the Royal Bank.

Construction started in September 1967. The sisters moved in August 1968.

Immediately the convent became a hub of activity for the order. This Edmonton Residence became their provincial headquarters.

It also serviced the Greenfield community. Sisters taught at the school across the street. The Chapel, while the building of the church was going on, offered week-day daily mass for the parishioners. Many baptisms and marriages were celebrated in the chapel.

Daughters of Wisdom operated many missions. But closest to their heart was the care offered to refugees, the boat people. The sisters looked after the refugees immediate needs when they came to the city. Then they cared for special needs once they were settled. The Parish, in community spirit, assisted with this.

As the years went by, the number of sisters in the Province diminished. With fewer Daughters of Wisdom sisters living in Edmonton and many of them retiring, the convent building became too large for their needs. So the decision was made to sell the building.

A new owner takes over

The building was sold to Shepherd's Care Foundation and they opened a dementia care residence in 2006. One advantage the old convent had was an inner courtyard completely enclosed by the building. Residents could be outside and there was no exit that would allow them to wander away from the building.

Shepherd's Care Foundation renovated the building to accommodate 30 dementia care units. Once established they offered many programs for their residents.

Sadly the building now needs many costly renovations to keep it up to city code. The cost of renovations is prohibitive. So a new owner was found.

The residents are being rehoused at three other locations and when this is completed the building will pass to the new owner.

Good bye to an old friend.

The new owner plans demolition.

What will start the next chapter at 3820-114 St.?

Written by: Debbie Baier ©; July, 2023
Information resource: Sr. Elenora Baier, Daughter of Wisdom
Book: The Daughters of Wisdom in Western Canada 1904 -1993
Simone Re, D.W. Plus: My own memories

There's Poetry in Snow Valley

By Garth Paul Ukrainetz
Poet of the Blackmud creek

There's poetry in Snow Valley
The sun and moon sway in her hair
Soft whispers, sweetest nothings
Well spoken word is everywhere

There's poetry in Snow Valley
The hills so green, her eyes so blue
We gaze so full of summer
A warm embrace that ends too soon

There's poetry in Snow Valley
A wisdom only nature knows
As child runs to a mother
A little creek to river flows

There's poetry in Snow Valley
A chairlift paused for higher ride
To heights of inspiration
Back down by verse we poets glide

©2023 Garth Paul Ukrainetz



"I am a Multi-Media Artist, and Love to Paint Landscapes and Animals and Sculpt in Clay & Concrete."

Shauna Madsen

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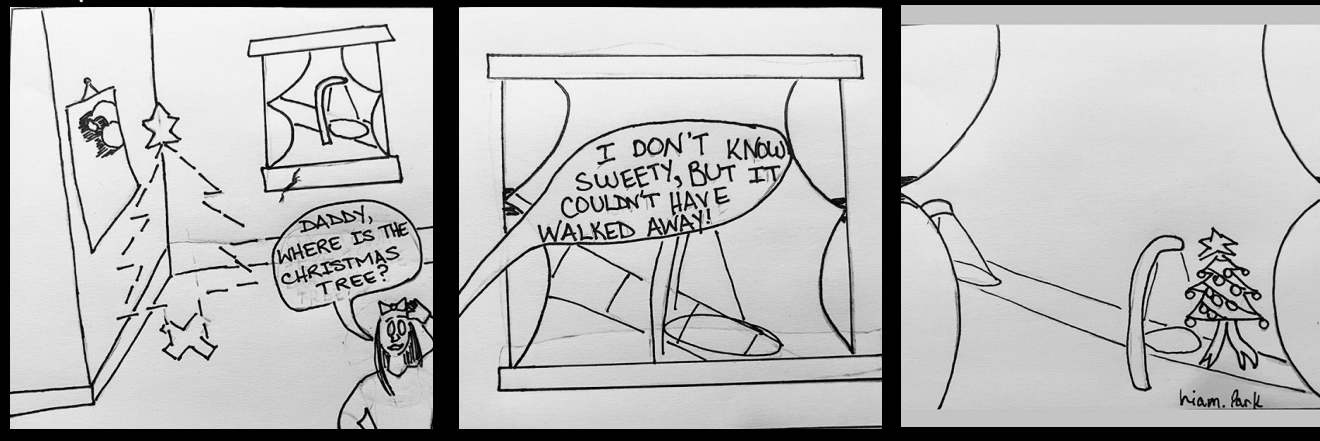
780 803 4250

shauna@foreverinart.ca ForeverInArt.ca

Adding Colour to Your Space May Improve Your Mental Health

"As an artist, I perceive color as a form of therapy. The hues that surround us have the power to influence our moods, emotions, and even our thought processes. Painting our homes with vibrant and soothing colors can be a silent yet impactful step towards nurturing our emotional well-being." - **Anonymous Artist**

Comic by Liam, Grade Seven



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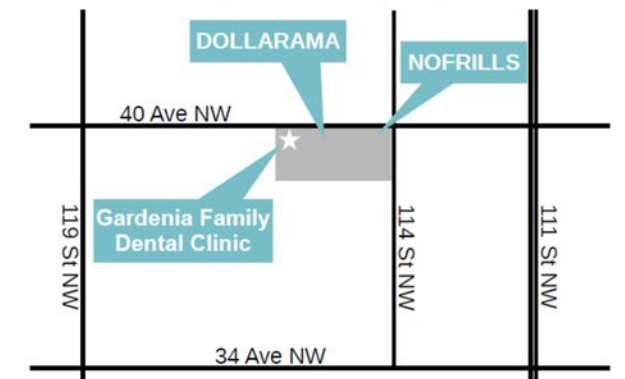
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You Can Help Shape the Future of Greenfield Elementary

Our neighbourhood schools are not just a place of learning; they are sanctuaries where friendships bloom, dreams take flight, and a sense of belonging thrives. As residents of Greenfield, whether you have kids in the nearby schools or not, our active engagement in the success of our neighbourhood schools is not just a choice; it's a celebration of community connection.

If Money Were No Object . . .

Consider this an open invitation to share your aspirations, ideas, and wishes for the future of Greenfield Elementary School. What features would you like to see implemented? Are there specific programs, activities, or facilities that you believe would enrich the learning environment?

Your perspective, no matter how big or small, is invaluable.



How Can You Contribute?

We encourage you to participate in this community-wide conversation. You can share your vision by emailing Greenfield School Council at: greenfieldcouncil@gmail.com.

Let your creativity flow as you imagine an ideal educational setting for the children of our community.

Some Ideas to Ponder:

- **Academic Excellence:** How can we improve the quality of education at our school?
- **Extracurricular Activities:** Are there specific after-school programs or activities that you think would help students develop in various areas?

(Continued on Page 11)

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- **Community Engagement:** How can the school strengthen its ties with the broader community?
- **Facilities and Infrastructure:** Do you have suggestions for enhancing or adding to the physical spaces in the school?
- **Inclusivity and Diversity:** How can we make sure our school is welcoming to students from all backgrounds?

Let Your Voice Be Heard!

We look forward to a vibrant and diverse array of ideas that reflect the richness of our community. By sharing your vision, you contribute to the collective effort of creating an educational environment that aligns with our community's values and aspirations.

Remember, this is a collaborative journey, and together, we can build a future for Greenfield Elementary School that we can all be proud of.

Thank you for your time, your passion, and your commitment to the future of education and neighbourhood connectivity in our community.

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Greenfield Gazette



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Next Door Neighbour Ads

If you have a current Greenfield Community League membership, you can post a free ad about your small business in Greenfield! Visit our website for more information:
www.greenfieldcommunityleague.com

New Season Silver Jewelry	Handmade sterling silver jewelry. Contact Teresa.	P: (587) 590-2822 E: newseasonsilverjewelry@yahoo.com W: newseasonsilverjewelry.ca
Art De Leon Electrician for hire	Residential / Commercial Repairs and Renovations. Licensed and Insured Electrical Journeyman with Master Electrician Certification. Contact Art for free estimates or service appointment.	P: (780) 932 - 3858 E: ajdeleon63@gmail.com W: electrician-for-hire.square.site/
Brand Practice Helping you tell your story	Take your business to the next level. - Brand Clarity & Strategic communication planning - Eye-catching website & Social media training	Visit our website today to learn more: brandpractice.biz
Good Worm Gardens	I am a registered social worker turned urban agriculturalist and am excited to live in the Greenfield community! I provide garden services: planting, coaching and maintenance.	Call Nicola at (778) 584 - 4619 E: goodwormgardens@gmail.com www.goodworm.org for more details.
Dan Martin Books	Provides novels and short stories with excellent critical reviews. Most novel settings are local. Purchases can be made through the website, or at Amazon.ca, or Audrey's Books on Jasper Ave.	Learn More: danmartinbooks.com
Online Music Lessons	Professional musician in the Greenfield neighbourhood with a BMus degree. I offer on-line lessons via zoom for violin, guitar, drums, ukulele, banjo and didgeridoo.	Call/text Ryan Berends at (780) 243-7857 ryanalexanderberends@gmail.com
Evelyn & Esme Jewelry	Demi-fine jewelry handmade with love in Greenfield! For chic, minimalist, meaningful pieces, visit my online store.	www.evelynandesme.ca Instagram: @evelyn_and_esme
Ann's Dayhome	Experienced day home provider in Greenfield, with child care spots available for children under six years with very reasonable rates.	Contact Ann @ 780 437-5605 References available upon request.



A Look Back Community League Day

Community League Day was a great success.

We appreciate our volunteers and those who made the day special, including:

- Matt and Ashley from No Frills
- Jocelyn for the delicious ice cream
- Caitlin Macrae, Beyond Face Painting
- Brad Richardson for the clothing drive
- Caleb Hoven for the cotton candy!

We can't do these events without our community supporters!

Thank You!



A Look Ahead Dec. 31st

**New Year's Eve Fireworks by Uncle John's
With Skating, Hot Chocolate, Firepits & More**

**Mark Your Calendars
Watch for Details in the
December Email Express**

January 20th
January Blues Music Bingo
at the Hall

Hall Rentals

Rent the community hall for your next function.
Contact Wendy for info:
hallmanager@greenfieldcommunityleague.com

Help Wanted

Hall Custodian
3-5 hours per week
Cleaning experience required.
Please send resume to:
hallmanager@greenfieldcommunityleague.com

If you have comments, suggestions and ideas for the Gazette or Email Express, please contact us at:
communications@greenfieldcommunityleague.com



**From All of Us on the Greenfield
Community League Board,
We Wish You a Safe and Happy
Holiday Season!**