



Greenfield Gazette

September/October 2022

Community League Day

Saturday, September 17, 2022 @ Greenfield Park!

Join us for our FREE annual event on September 17 starting at 3pm!

Come to Greenfield Park to enjoy:

- Free Community BBQ from 3:00—5:45pm (includes hot dogs, chips, pop, bottled water)
- A firetruck visit from pump #13
- Games, a tennis demonstration, seniors outreach and more!
- Swing dance lesson at 6pm
- Live Big Band playing swing music from 7pm - 8:30pm - weather permitting

There will be space to listen to the big band outside on the grass and space inside for dancing. The event will run until 9pm. Hope to see you there!

EFCL 50/50 Raffle

The following 50-50 raffle is also taking place to promote Community League Day – 50% of the pot will be contributed to community leagues around Edmonton. Check out efcl.org/50-50 for more information.

Win up to \$10,000!

EFCL

PLAY TO BUILD YOUR COMMUNITY

50/50

efcl.org/50-50

Ticket sales end September 18, 2022.
Draw on September 19, 2022
(After Community League Day September 17).

AGLC #605418
License held by the Edmonton Federation of Community Leagues. Tickets sold only in Alberta.
Draw held on September 19, 2022. Please play responsibly. efcl.org

President's Note

Happy Fall Greenfield! What a beautiful summer in the neighbourhood – I hope you were able to get out and enjoy the green spaces, watch the kids play in the playground, check out the gardens and explore Edmonton at large. Maybe even wander into our amazing Canadian backyard and marvel at the incredible diversity we have so close at home. It's been wonderful seeing travel photos from the community of families in the hoodoos, checking our local festivals and hiking in the mountains.

Greenfield had a record-breaking soccer season again this spring - A giant shout out to Coach Chen and his U13 boys team for representing the community and taking a silver at Provincials – what an incredible achievement.

Community League Day is fast approaching and I wanted to ensure that you know that you and your family are invited! This is our day to celebrate all things community and Greenfield – and this year thanks to the Edmonton Arts Council, we were able to take it up a notch! The day of free activities will kick off at 3pm with Dancing Cree performers, there will be delicious food provided by No Frills all afternoon, come try your hand at Tennis, and play capture the flag with Trevor. Then join us for swing dance lessons and live music from 6pm – 8:30pm. If you are able to help out for an hour or two, please reach out and connect – we are always looking for volunteers. As we navigate into fall, I hope we are still able to find lots of wonderful ways to connect – if you have an idea for a community event, please come find us at Community League Day. We are always trying to reach as many Greenfielders as possible and welcome your suggestion. You also don't have to be part of the board to lead a community event – come pitch us your ideas and we can help make it happen!

Please check out the Greenfield Community website and make sure you purchase your Community League membership. Your support makes us who we are as a community.

Stay safe and enjoy that beautiful fall sunshine Greenfield!

Amanda

Share your ideas!

The community league is looking for social event ideas to connect community members.

We would love to hear your ideas about how we can connect. What kind of events have your friends and family been a part of? Do you have any great ideas to share?

Let us know if you have any ideas for social events at communciations@greenfieldcommunityleague.com.



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Community League Events

PAST EVENTS

Greenfield Big Bin Event

A huge thank you to go out to Dayspring Presbyterian Church and FIND Edmonton for their partnership in the event. We raised \$280 in donations. Greenfield Community League donated \$50 to the Dayspring Refugee Support Program. There were a good number of furniture items donated to Dayspring Refugee Family Program as well as FIND Edmonton. We will be looking to run the event next year around the same time (Saturday after community wide garage sale). Thanks to everyone who came out, volunteered or donated!

EFCL Kdays Discount

A note from EFCL: "As this was our first year offering community leagues this partnership, we were excited to get it to you and your members; however there were a few pieces that weren't made clear to us – particularly K-Days' rule around when the discounts close. As we've all found out, these discounts stopped when K-Days began. Our apologies for any frustration this caused"

UPCOMING EVENTS

2022 Community League Day

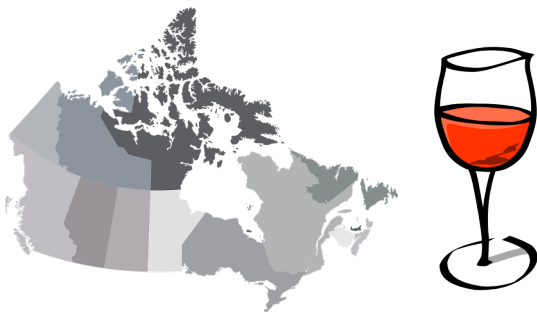
Check out the front page of this Gazette for more details.

Ladies of Greenfield Wine Night and Hidden Canadian Travel Gems

October 7, 2022—Greenfield Community Hall

Watch our website for more details.

<http://www.greenfieldcommunityleague.com>



Halloween Afternoon: Movies and Murder

October 30, 2022 - 3:00 - 7:00pm

Watch our website for more details.

<http://www.greenfieldcommunityleague.com>



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2022 Soccer Program Update

Our Greenfield community soccer was a big success this past outdoor season. We ran 20 teams ranging U5 to U19 with many requests for players



to come to our community to play with our experienced and respected coaches. One of our U13B teams, with coach Scott Chen, won silver in their in provincial competition – held July 22-24 in Spruce Grove. Congratulations to these players, coaches and parents on this successful season!

We were able to hold in person soccer photos, and a year end BBQ at the hall to celebrate the season. We also ran a successful coach party at the hall which was a nice way to get together, network between new and experienced team officials and discuss the program. Thank you to Mike, Ray, and Melissa for contributions as equipment and uniform coordinators. As well, thank you as to the contributions of parents to keep costs down and allow our soccer program to be cost neutral to the community. If you have not received your pictures from this past outdoor season, please reach out to Melissa at 780-232-8245. On-time registration for Indoor soccer ends September 9, with season starting October 15. Registration is through the SWEMSA website and is coordinated through SWEMSA with communities sponsoring teams. Outdoor 2023 registration will begin February 1, 2023. Tara

2022 COMMUNITY GARDEN UPDATE

We have been having another great season in 2022. All 16 plots were rented again this year, and although we do give priority to returning gardeners if you want to lock in a spot for next spring please email us at garden@greenfieldcommunityleague.com

to be put on the waitlist. The berry bushes and cherry tree haven't been very fruitful this year, so we are looking to keep adding in more pollinator perennial flowers for next spring. We have added in some Peonies and Lillies already. Please don't cut the flowers to take home, leave the flowers for everyone to enjoy. If you have any mature perennials in your yard you want to break up and donate to the Community Garden next spring or even this fall please e-mail us!!!

A huge Shout out to Classic Landscape Tree farm for their generous donation of trees, and can't wait to see their lovely blossoms in the spring! The compost has been filling up. Please remember to follow the signs and only add to the bin with the check mark, and to avoid adding any garbage, stickers, or plastic bags (even compostable ones). Thanks to everyone that contributes to the nourishment of our gardens through making our own compost. If you have any large amounts of ready to use compost of your own that you want to add please contact us so we can arrange the best box to put it in.

Thank you to all the volunteers and plot members for another great year. Special mention to Fiona and Terri whom most of you will know by now with their consistent efforts in keeping those water cisterns full during this very dry July & August. We are so happy that the garden brings the community together over growing food. If you see anything out of the ordinary or questionable garden behavior please (you've guessed it I'm sure already)... e-mail us.

Finally we can't run this Garden without volunteers, if you feel called to keeping our Garden Committee strong and growing please reach out to us and let us know how you'd like to contribute! I like to think that we are a fun group of people to hang out with while we are serving the community!

We are looking forward to the harvest this year and the end of another growing season.

Beautiful gardens this year



Food Security

by City Counsellor Michael Janz

When it comes to food security, how do we Khair for our Neighbours? Food grows and nurtures community. I invite you to enter a draw to win a Khair for All grocery box via <https://councillorjanz.ca/foodboxgiveaway> delivered compliments of my office. To enter, submit one idea on how we can improve food security in Edmonton.

Of the many issues any level of government deals with, few are as important as food security. Whether it is conversations about urban sprawl consuming prime agricultural land, restrictive covenants on grocery stores, the intersection of climate change, poverty, and building a safe, caring, welcoming city for everyone, all are grounded in questions about food. We can do more as a city and as individuals to combat food insecurity.

Recently, Edmonton City Council received a presentation from the City of Edmonton Youth Council regarding a food strategy. How can we work together to reduce food waste and fight hunger? There is much more we need to do, not only for the 52,000 children living in poverty in Edmonton but to ensure all of us have access to healthy, fresh food that supports our economy.

There are many amazing organizations in our city combating food insecurity such as Grocery Run, a program led by the Multicultural Health Brokers that feeds families on merely \$250 per year. That's right, per year. Ritchie Community League and Royal Gardens Community League have a subscription food service that raises funds for the community. The profit stays in the neighbourhood instead of the big, profit hungry grocery chains.

I've been ordering groceries (pick-up or delivery) for my family from Khair for All, a social enterprise organized by the Multicultural Health Brokers. It is open to anyone, with the vision to develop a program that can support other operations. They also make it easy to send a box of produce to another community member as a gift. It feels good knowing the profit from my purchases are being reinvested in helping other Edmontonians experiencing food insecurity instead of lining the pockets of owners of multinational grocery chains.

As climate change worsens around the world and global problems such as Russian aggression cause further issues with our supply chains, we need to prepare now as a community to build resilience. As City Council, we must use regulatory tools such as zoning to ensure healthy, sustainable food production from the small front yard vegetable garden, to an innovative vertical farming project. Other cities have turned vacant lots, pieces of park spaces, and golf courses into urban orchards and other productive uses for the common good. I encourage you to join your local community league and start a food security conversation.

Neighbourhood Reflection Questions:

- Where does our food come from?
- In a climate emergency and corporate food consolidation how is it worsening?
- How do we as a community protect ourselves from food insecurity and hunger?
- How do we keep more money in our local economy?
- How can we ensure fair practices that are safe and just for workers?

Edmonton Food Drive

September 24 marks the date of a city-wide food bank drive. Check out this infographic and visit <https://www.albertafooddrive.com> for more information on the event.

Starting to think about fall yard work?

We can help with leaf cleanup and tidying your gardens in preparation for winter

Other fall services we offer:

Aerating and fertilizing

Pressure washing and window cleaning

Eavestrough cleaning

Reasonable rates, friendly service

Contact Jon Maegaard

780.289.7478

info@yegyardcare.ca

www.yegyardcare.ca



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Greenfield Hall Programs



KITA KAZE BUDO ASSOCIATION



Japanese Martial Arts

Supporting Japanese weapon arts in Edmonton, Alberta.

The Kita Kaze Budo Association is a non-profit organization dedicated to the promotion of Japanese weapon arts in Edmonton, Canada.

Kendo, meaning "way of the sword" in Japanese, is a full-contact sport where practitioners put on armour and strike each other with bamboo swords.

Iaido, the art of cutting a target immediately from the draw and sheathing the katana, utilizes a dull blade while performing special choreographed sequence's called *kata*.

The **Naginata** is the Japanese polearm, A full-contact sport comprised of sparring with armour and bamboo weapons as well as *kata* (choreographed sequences of attack and defense)

Thursdays: 6:00—7:30pm (Kendo Kids, Iaido)

7:30—9:00pm (Kendo Adults, Naginata)

Fall session: Sept 8—Dec 22/22

For more information please visit: <https://kitakazebudo.org/>

Hatha Yoga Classes

Schedule time for yourself with a weekly yoga class. Large room and small class sizes allows for physical distancing. Enhanced cleaning protocols. Students are required to bring their own yoga mats and props. Registered students only, no drop in.

Tuesday Mornings: 9:00—10:00 am

Tuesday Evenings: 7:00—8:00 pm

Fall Session: Sept 20—Dec 13/22

Instructor: Patricia MacTavish RYT 200.

To register or for more information email pattimact@hotmail.com



Karate Classes

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Traditional. Authentic. Realistic.

Program taught by our Chief Instructor (6th degree black belt with a Shihan Master Title from Japan), who being a former police officer, brings an advanced depth of knowledge, adds a unique and realistic content of safety and application not found in any other martial arts in our city .

Mondays: 6:00 – 8:30pm **Fall Session:** Sept 12—Dec 5/22

Thursdays: 3:00 – 4:00pm **Fall Session:** Sept 15—Nov 24/22

Please contact: 780.439.8967

Instagram: mumonkan.dojo Email: info@MMK-Karate.com



Caught You Looking!

If you are reading this, so are your potential customers.

The Greenfield Gazette is a great way to promote your business to the community (reaching just over 1,400 households each printed newsletter), while contributing funds to your Greenfield Community League.

Paid advertising is offered for 1/4 page and 1/2 page ads in the Greenfield Gazette newsletter.

Please visit

<https://www.greenfieldcommunityleague.com/gazette--express.html>

for more information on pricing, terms and conditions.



Essentrics Fitness Classes (eOne Fitness)



Mondays: ESSETRICS® for Seniors, 1:00– 1:45 pm

Instructor: Lori Griffith, eOne Fitness

This class is aimed at regaining your mobility while slowly building strength and reawakening the power of your 650 muscles. This is a slower paced class and is designed for those who have muscle stiffness/atrophy, frozen shoulder, chronic aches and pains, and for those who are beginning to exercise after being inactive. Ideal for Seniors who are looking for a gentle, slow tempo class that focuses on improving mobility, balance and strength. Level 1 – Gentle Fitness, standing and chair work. Bring your yoga mat and water to drink.

Fall session #1: September 12/22 – October 31/22

Fall session #2: November 7/22 – December 19/22

Winter/Spring session: TBA

Discount offered to Greenfield Residents with valid membership

Please contact Lori Griffith at (780) 916-4483 for more information. To register online go to www.conefitness.ca.

PETROLIA SENIORS GROUP (55+)

hopes YOU will come to enjoy LUNCH and a PROGRAM (\$25) from 11:45 am (sharp) to 2:00 pm at Greenfield Community Hall 3803 – 114th Street NW

- **September 20th:** Celebrating Petrolia Seniors' 35th Anniversary! Speaker: Billie Millholland, "Life before Plastic & Toilet Paper"-- Early Stories of Edmonton.
- **October 18th:** "Navigating the Unexpected in the Health Care System and the ER". Speaker: Dr. Darren Nichols, Emergency Room Doctor (bring your questions)
- **November 22nd:** "Protecting Yourself from Fraud and Scams" - ECP Constable Corinne Kline

Call: Betty (780-434-0711) or Claire (780-435-3051)

An additional "outing" is offered each month for your enjoyment. For information call Joyce 780-435-6388

We look forward to your participation!

PETROLIA SENIORS GROUP

celebrates its 35th anniversary

A southwest Edmonton's senior's group, first known as Petrolia Sixty Plus (60+), held its first meeting, organized by the Outreach Committee of Southminster/Steinhauer United Church, September 22nd, 1987. From interviewing 87 seniors in Aspen Gardens, Royal Gardens, Greenfield, Westbrook, Lendrum, Malmo, Steinhauer, Duggan and Blue Quill they learned, among a number of other things, that seniors wanted a place to meet and socialize. St. Thomas More Church offered space and 40 seniors attended the inaugural meeting. The group started to meet the third Tuesday of each month for lunch and a program—either an interesting speaker or entertainment. The seniors soon set up their own executive and took over the planning and administration of Petrolia 60+. The church's goal was accomplished.

By 1995 they had outgrown the space at St. Thomas More so accepted the offer to meet in the "new" Greenfield Community Hall where they continue to meet to this day. Dishes, silverware and coffee urns were purchased and secured spaces were allocated in the hall kitchen for their storage. A small commercial dishwasher was purchased and donated to the Community League. The first meeting held in the Greenfield Hall was in May 1995. Soon after Petrolia 60+ started a Line Dancing Group that met for a number of years and a Bridge Group that met Wednesdays until 2016. In 1999 the name was changed to Petrolia Seniors (55+).

Two of Petrolia Seniors' milestones were marked by planting trees in the yard south of the Greenfield Community Hall. The brass plaque attached to a small concrete pedestal near a tree planted in 1999 reads "Ash Tree planted in observance of the International Year of Older Person by Petrolia 60 Plus Seniors, October 1999." To celebrate the 25th year in operation members voluntarily contributed a total of \$1000 for the City to plant and care for a spruce tree and to place a plaque on the adjacent pedestal. It states "This tree was planted by Petrolia Seniors Group to recognize 25 years of service to seniors in Greenfield and nearby neighborhoods, September 2012". Both trees are healthy and growing tall.

Petrolia Seniors continues to meet the 3rd Tuesday of the month (except in December, the 2nd Tuesday) and not in July and August, with anywhere from 60-100 people attending. It is a popular, informal group offering an opportunity to seniors in Southwest Edmonton neighborhoods to meet, socialize and enjoy interesting speakers or entertainers at luncheons, as well as participate in other planned outings. Of benefit to many seniors has been the opportunity for fellowship, friendship, support, sharing, and caring--regardless of creed, color, religious or political affiliation. Petrolia Seniors' aim is to provide an opportunity to enjoy fun and educational activities with the "least amount" of red tape, rules and regulations.

To celebrate 35 years, on September 20th there will be a special buffet lunch, cake, decorations, and greetings from various dignitaries. The guest speaker Billie Millholland, will entertain the members with stories of early days in Edmonton.

All seniors welcome. Join the fun! Call Claire 780-435-3051 or Betty-780-434-0711.

Next Door Neighbour Ads

If you have a current Greenfield Community League membership, you can post a free ad about your small business in Greenfield!
Visit our website for more information (<http://www.greenfieldcommunityleague.com/gazette--express.html>)

Business Name	Description	Contact Info
New Season Silver Jewelry	Handmade sterling silver jewelry. Visit my website at newseasonsilverjewelry.ca .	newseasonsilverjewelry@yahoo.com Teresa @ (587) 590 - 2822
Art De Leon Electrician for hire	Residential / Commercial Repairs and Renovations. Licensed and Insured Electrical Journeyman with Master Electrician Certification. Contact for free estimates or service appointment. https://electrician-for-hire.square.site/	ajdeleon63@gmail.com Art @ (780) 932 - 3858
Brand Practice Helping you tell your story	We can give you clarity on establishing or refreshing your brand, build you an eye-catching website, train you on using social media as well as provide strategic communication planning to help take your business to the next level.	Visit our website today to learn more: brandpractice.biz
Good Worm Gardens	I am a registered social worker turned urban agriculturalist and am excited to live in the Greenfield community! I provide garden services: planting, coaching and maintenance. Please visit www.goodworm.org for more details.	goodwormgardens@gmail.com Nicola at (778) 584 - 4619
Dan Martin Books	provides novels and short stories with excellent critical reviews. Most novel settings are local. Checkout website: danmartin-books.com . Purchases can be made through the website, or at Amazon.ca, or Audrey's Books on Jasper Ave.	danmartinbooks.com
Online Music Lessons	Professional musician in the Greenfield neighbourhood with a BMus degree. I offer online lessons via zoom for violin, guitar, drums, ukulele, banjo and didgeridoo.	ryanalexanderberends@gmail.com or call/text Ryan Berends at (780) 243-7857
Evelyn & Esme Jewelry	Demi-fine jewelry handmade with love in Greenfield! For chic, minimalist, meaningful pieces, visit my online store at www.evelynandesme.ca	www.evelynandesme.ca Follow on Instagram: @evelyn_and_esme

Greenfield Community Rink Helpers Needed

Paid Position. Involves the preparation, repair and maintenance of the hockey rink and skating area ice, flooding and snow removal.

If you are interested, please contact Wendy by email at:

hallmanager@greenfieldcommunityleague.com

**HELP
WANTED**

Greenfield Hall Snow Removal Needed

If you are looking for some extra paid work, Greenfield Hall is looking for part-time snow removal.

Job Requirements: Remove snow from sidewalks and patio surrounding community hall facility.

Time Commitment: A few hours per week, depending on occurrence of snowfall.

If you are interested, please contact Wendy by email at:
hallmanager@greenfieldcommunityleague.com



3803 - 114 Street
Edmonton, Alberta

Hall Rentals

Want to rent the community hall for your next function?

For info contact Wendy at

hallmanager@greenfieldcommunityleague.com